HEALTH SERVICES SERVICIOS DE SALUD

Tarzana Substance Abuse Outreach Call 818-996-1051 ext. 2217 www.tarzanatc.org

Tujunga United Methodist Church

AA Meetings: M-W 7pm NA Meetings: Tues. 7:30pm, Sat. 10pm, Sun. 7pm 9901 Tujunga Cyn Bl., Tujunga, CA 91042

Sunland Park/Clubhouse AA Meetings: M-Th-F 7pm 8701 Foothill Blvd., Sunland, CA 91040

Sunland Park/Senior Center NA Meetings: M-W-F 7pm 8640 Fenwick St., Sunland, CA 91040

Chapel of the Hills Most Excellent Way–Christian Recovery 11120 Oro Vista Ave., Sunland, CA 91040 818-433-2148 Friday evening 7:30pm-9pm

Hillview Mental Health Center 818-896-1161 Call for intake appointment times.

S-T HOMELESS SERVICES 211 – EMERGENCY ASSISTANCE

SERVICES / SERVICIOS DE ASISTENCIA DE EMERGENCIA

Info on LA County Services Call 211 Assistance with Food and Shelter Medi-Cal & Food Stamps Health & Legal Employment & Parenting Resources Help with Landlord-Tenant Issues

LAFH – Los Angeles Family Housing – Transitional

7843 Lankershim Blvd., N. Hollywood, CA 91605 Individuals attend Assessment for Referral Services 4th Wed. @ 9am, or call 818-255-2703 or 211 Families call 818-255-2766 or 211

Making It Happen, Inc.

Pattee Colvin, President Cell: 818-433-2148/Office: 818-398-6232 patteecolvin@makingithappeninc.org SERVICES: Hot Meals, Clothing, Food Pantry, Housing, Medical, Employment, Drug & Alcohol Counseling 02/16

FOOD PANTRIES/COMIDA

Tujunga United Methodist Church* Bailey Human Care Center 9901 Tujunga Cyn Blvd., Tujunga, CA 91042 818-352-1481 Food Cupboard Wed & Fri 11am-1pm Clothes Closet Fri. 11am-1pm Food Cupboard & Clothes Closet 2nd & 4th Sat. of the Month 10am-12pm

Chapel of the Hills Compassion Ministries

11120 Oro Vista Ave., Sunland, CA 91040 818-433-2148 Food Pantry — Every Saturday 2pm-4pm Hot Meal — Every Sunday 3:30pm-5pm

Our Lady of Lourdes "Pasture"

7315 Apperson St., Tujunga, CA 91042 818-352-3218 Food Bank 1st & 3rd Saturday — 9am-11am FREE Blood Pressure Check & Referrals 1st Saturday — 9am-11am

FREE WASH & DRY CLOTHES LIBRE DE LAVAR Y SECAR ROPA

Speed Wash Laundromat 6659 Foothill Blvd., Tujunga, CA 91042 818-951-2258 Every 2nd Wed. 6:30-9pm (sign-in at 6pm)

RESOURCES AVAILABLE 24/7

Mental Health Support: 800-854-7771 Sexual Assault Support: 818-886-0453 Domestic Violence Support: 800-978-3600 Veterans Support Services: 877-4AID-VET Substance Abuse Hotline: 888-777-8565

YOUTH SERVICES FOR AGES 14-25

The Village Family Services - TAY Drop-in Center, 6801 Coldwater Canyon #200 N. Hollywood, CA 91605 Monday to Friday 11 a.m. to 5 p.m.

Free Rehab for Young Women

Call 818-582-8832 email: info@freehab.net

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